

Study Can be Stressful

Studying can be a particularly stressful period in your life. Finances might be tight, workloads are high, and quality of living can dip for you and your family.

Here are some resources that could help make things a little easier:



FIND FOOD NEAR YOU



**FIND HELP FOR
NEARLY ANYTHING**



**A HUB FOR ALL KINDS
OF SERVICES**



Other Resources Include:

University of Divinity - The UD offers a study bursary payment, academic, and pastoral care support. Ask Sarah or Damian about how to access these or visit the website.

Scholarships - You may be eligible to compete for an external scholarship, check here:

<https://adelaide.edu.au/study/scholarships/external-scholarships/>

Concessions/ Centrelink - If you study full time, have a disability, or are a senior, you may be eligible for Student Payments or Government Concessions, or both. Even if you earn above the cut-off line, you may still be entitled to a healthcare card, transport card, or rental assistance.

Health Direct, Medicare Urgent Care, Medicare Urgent Mental Health Care Centre - These services offer free and bulk billed medical advice and assistance.